CONTENTS

ABOUT THE BOOK	11
INTRODUCTION	20
EXPLANATION OF THE BASIC ESOTERIC TERMS	22
PART ONE - THE SCIENCE OF COLOURS	25
THE APPEARANCE OF COLOURS	
THE ESSENCE OF COLOURS	
THE INWARD MEANING OF COLOURS AND THEIR SYMBO	
THE CENTRE OF COLOURS IN THE HUMAN BEING	
THE ETHERIC BODY OR AURA	
THE ASTRAL BODY	69
THE MENTAL BODY	72
INTERACTION OF COLOURS IN THE INNER BODIES AND DIAGNOSIS THROUGH COLOURS	78
THE EFFECTS OF COLOURS AND THEIR ROLE IN DEVELOPMENT	87
THE MEANS OF BENEFITING FROM COLOURS	102
THE PATH OF ASCENT THROUGH COLOURS	110
DIAGRAMS	111
PART TWO - CHAKRAS AND THE COLOUR RAYS	129
PRELIMINARY	131
INTRODUCTION	136
THE RELATIONSHIP BETWEEN MAN AND THE COSMIC COLOUR RAYS	140
THE FIRST RAY – THE COLOUR RED	146
THE ROOT OR BASE OF SPINE CHAKRA (KUNDALINI) BASE OF THE VERTEBRAL COLUMN – CENTRE OF THE	1.40
SPINAL CHORD	149

A SUMMARY OF THE FEATURES AND COLOURS OF THE ROOT OR BASE OF SPINE CHAKRA – KUNDALINI	153
THE SECOND RAY – THE COLOUR ORANGE	154
THE SPLEEN CHAKRA - THE SPLEEN CENTRE	156
A SUMMARY OF THE FEATURES AND COLOURS OF THE SPLEEN CHAKRA	160
THE THIRD RAY – THE COLOUR GREEN	161
THE SOLAR PLEXUS CHAKRA (NAVAL OR BELLY BUTTON CHAKRA) – DIAPHRAGM CENTRE	167
A SUMMARY OF THE FEATURES AND COLOURS OF THE SOLAR PLEXUS CHAKRA OR THE BELLY BUTTON CENTRE	176
THE FOURTH RAY - THE COLOUR YELLOW	177
THE HEART CHAKRA - HEART CENTRE	179
A SUMMARY OF THE FEATURES AND COLOURS OF THE HEART CHAKRA	185
THE FIFTH RAY - THE COLOUR BLUE	186
THE THROAT CHAKRA OR LARYNX (THYROID GLAND) CENTRE (THIRD EAR)	189
A SUMMARY OF THE FEATURES AND COLOURS OF THE THROAT CHAKRA OR LARYNX (THIRD EAR)	206
THE SIXTH RAY - THE COLOUR INDIGO	208
THE BROW CHAKRA - CENTRE OF THE PINEAL GLAND (THIRD EYE)	211
A SUMMARY OF THE FEATURES AND COLOURS OF THE BROW CHAKRA (THIRD EYE)	219
THE SEVENTH RAY – THE COLOUR VIOLET	221
CROWN CHAKRA – CENTRE OF THE PITUITARY GLAND	224
A SUMMARY OF THE FEATURES AND COLOURS OF THE CROWN CHAKRA	231
EPILOGUE	233

THE SCIENCE OF COLOURS

COSMIC AND HUMAN COLOUR RAYS

THIS BOOK COVERS THE FOLLOWING TOPICS AMONG OTHERS:

- The esoteric meaning of colours.
- The reflection of colours in the aura.
- Their appearance in the subtle bodies within.
- Their centres in the chakras.
- Their effects on the psyche (with 22 diagrams in colours).

It is the science of colours forming the components of consciousness as they appear in one's aura in the form of colourful radiations. It is the science of the meaning of these colours, their sources and effects in the personality and within the human being as a whole.